



The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful and Cooperative One- to Four-Year-Old: Revised Edition

By Harvey Karp Md

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Perfect for expecting parents who want to prepare themselves for the challenging toddler years (which starts around eight months of age), this essential guide, a national bestseller by respected pediatrician and child development expert Dr. Harvey Karp, not only helps reduce tantrums but makes happy kids even happier by boosting patience, cooperation, and self-confidence.

Toddlers can drive you bonkers...so adorable and fun one minute...so stubborn and demanding the next! Yet, as unbelievable as it sounds, there is a way to turn the daily stream of “nos” and “don’ts” into “yeses” and hugs...if you know how to speak your toddler’s language. In one of the most useful advances in parenting techniques of the past twenty-five years, Dr. Karp reveals that toddlers, with their immature brains and stormy outbursts, should be thought of not as pint-size people but as pintsize...cavemen.

Having noticed that the usual techniques often failed to calm crying toddlers, Dr. Karp discovered that the key to effective communication was to speak to them in their own primitive language. When he did, suddenly he was able to soothe their outbursts almost every time! This amazing success led him to the realization that children between the ages of one and four go through four stages of “evolutionary” growth, each linked to the development of the brain, and each echoing a step in prehistoric humankind’s journey to civilization:

- The “Charming Chimp-Child” (12 to 18 months): Wobbles around on two legs, grabs everything in reach, plays a nonstop game of “monkey see monkey do.”
- The “Knee-High Neanderthal” (18 to 24 months): Strong-willed, fun-loving, messy, with a vocabulary of about thirty words, the favorites being “no” and “mine.”
- The “Clever Caveman” (24 to 36 months):
Just beginning to learn how to share, make friends, take turns, and use the potty.

- The “Versatile Villager” (36 to 48 months): Loves to tell stories, sing songs and dance, while trying hard to behave.

To speak to these children, Dr. Karp has developed two extraordinarily effective techniques:

- 1) The “fast food” rule—restating what your child has said to make sure you got it right;
- 2) The four-step rule—using gesture, repetition, simplicity, and tone to help your irate Stone-Ager be happy again.

Once you’ve mastered “toddler-ese,” you will be ready to apply behavioral techniques specific to each stage of your child’s development, such as teaching patience and calm, doing time-outs (and time-ins), praise through “gossiping,” and many other strategies. Then all the major challenges of the toddler years—including separation anxiety, sibling rivalry, toilet training, night fears, sleep problems, picky eating, biting and hitting, medicine taking — can be handled in a way that will make your toddler feel understood. The result: fewer tantrums, less yelling, and, best of all, more happy, loving time for you and your child.

From the Hardcover edition.

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Download and Read Free Online **The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful and Cooperative One- to Four-Year-Old: Revised Edition** By Harvey Karp Md

Editorial Review

From Publishers Weekly

California-based pediatrician Karp offers a unique approach to the tantrums, melt-downs and overriding challenges that often accompany the demanding years from one to four. Viewing toddlers as primitive thinkers akin to prehistoric man, Karp divides his patients into developmental groups: the "Charming Chimp-Child" (12 to 18 months), the "Knee-High Neanderthal" (18 to 24 months), the "Clever Cave-Kid" (24 to 36 months) and the "Versatile Villager" (36 to 48 months). Parents may find the toddler years so frustrating, Karp suggests, because they don't speak their child's language. To deal effectively with the undeveloped brains of toddlers, one must understand "Toddler-ese," he says, a method of talking to youngsters that employs short phrases, repetition, a dramatic tone of voice and the use of body language. Although the author admits parents may feel foolish speaking in this manner, he nevertheless maintains that the approach soothes children by respecting their needs. Additionally, Karp offers suggestions for positive discipline (e.g., loss of privileges and time out) and guides parents through early expected milestones, while acknowledging that a child's individual temperament (e.g., easy, cautious, spirited) will uniquely influence the pace of his or her development. While some readers may find the relentless cave-kid metaphors irksome, Karp's gentle, easygoing tone is soothing and offers new hope and strategies to those who may have given up on making sense of the toddler years.

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Review

"Karp offers a unique approach to the tantrums, melt-downs and overriding challenges that often accompany the demanding years from one to four.... Soothing and offers new hope and strategies to those who may have given up on making sense of the toddler years."—*Publishers Weekly*

"You want help? This is r-e-a-l help! **The Happiest Toddler on the Block** is one of the smartest parenting books of the past decade. Over and over, parents will find themselves proclaiming, "Thanks, Dr. Karp...Now I get it!"—Kyle Pruett, MD, Professor of Child Psychiatry, Yale University School of Medicine and author of *Fatherneed: Why Fathercare is as Essential as Mother Care for Your Child*

"Dr. Karp's approach is terrific...and fun! His book will help parents, grandparents and everyone who cares for toddlers be more effective."—Martin Stein, MD, Professor of Pediatrics, University of California San Diego, Children's Hospital San Diego

"Dr. Karp helps parents turn the "terrible" twos into "terrific" twos. His work will revolutionize the way our culture understands toddlers!"—Roni Cohen Leiderman, PhD, Associate Dean, Mailman Segal Institute for Early Childhood Studies, Nova Southeastern University

"Dr. Karp has done it again! Parents will find reading **The Happiest Toddler on the Block** a joyous adventure...with pearls of wisdom waiting for them on every page."—Morris Green, MD, Director, Behavioral Pediatrics, Indiana University, Riley Hospital for Children, editor, *Pediatric Diagnosis*

"Dr. Karp's excellent approach gives parents the tools they need. His simple methods make raising rambunctious toddlers a whole lot easier."—Steven Shelov, MD, Editor in chief of *American Academy of Pediatrics' Caring for Your Baby and Young Child*

"Dr. Karp's ne...

From the Inside Flap

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Users Review

From reader reviews:

Lisa Martin:

Book is actually written, printed, or descriptive for everything. You can learn everything you want by a reserve. Book has a different type. As it is known to us that book is important matter to bring us around the world. Close to that you can your reading ability was fluently. A publication The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful and Cooperative One- to Four-Year-Old: Revised Edition will make you to become smarter. You can feel far more confidence if you can know about everything. But some of you think in which open or reading the book make you bored. It is not make you fun. Why they could be thought like that? Have you seeking best book or suitable book with you?

Paul Weston:

Your reading sixth sense will not betray you, why because this The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful and Cooperative One- to Four-Year-Old: Revised Edition guide written by well-known writer we are excited for well how to make book that can be understand by anyone who have read the book. Written with good manner for you, leaking every ideas and publishing skill only for eliminate your current hunger then you still hesitation The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful and Cooperative One- to Four-Year-Old: Revised Edition as good book not just by the cover but also by content. This is one guide that can break don't determine book by its protect, so do you still needing a different sixth sense to pick that!? Oh come on your reading sixth sense already said so why you have to listening to another sixth sense.

Martin Duval:

Many people spending their time frame by playing outside along with friends, fun activity having family or just watching TV the whole day. You can have new activity to shell out your whole day by studying a book. Ugh, do you consider reading a book can actually hard because you have to use the book everywhere? It alright you can have the e-book, getting everywhere you want in your Mobile phone. Like The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful and Cooperative One- to Four-Year-Old: Revised Edition which is keeping the e-book version. So , try out this book? Let's view.

Jennifer Witherspoon:

Is it anyone who having spare time after that spend it whole day by watching television programs or just lying on the bed? Do you need something new? This The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful and Cooperative One- to Four-Year-Old: Revised Edition can be the response, oh how comes? A book you know. You are so out of date, spending your free time by reading in this brand new era is common not a nerd activity. So what these publications have than the others?

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