

Inside Family Therapy: A Case Study in Family Healing (2nd Edition)

By Michael P. Nichols


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Follow a family therapist's narrative diary as he documents the process of working with the Salazars, as they explore each stage of their relationship- from courtship through the departure of the children from the home.

This unique casebook provides an in-depth, personal account from the counselor's perspective, while also looking at the personal viewpoints of family members. Each major stage of the family life is presented in a separate chapter and the book includes discussions of the effects of gender, ethnicity, and sexual orientation on individuals and families.

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Bibliography

- Sales Rank: #622890 in Books
- Published on: 2008-06-15
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.20" h x .60" w x 6.90" l, .84 pounds
- Binding: Paperback
- 240 pages

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Editorial Review

Review

“Strengths include presentation of therapy scenarios; focus on one family going through the therapy to demonstrate the stages of therapy and the stages of family life; real life experiences of the Salazar family members (students get inducted into this and usually ‘read ahead’ of what is assigned, something not normally done!).”

William Quinn, Clemson University

“The Inside Family Therapy book is perfect. What is so very impressive about the content and the writing style is how Mike Nichols weaves and threads ways of thinking as he sits with this family, along with specific skills he utilizes in his work with them. It allows students to see and experience what is going on within Nichols and how that is played out in what he says and does with the family. This is not an easy thing to do with the written word (except in novels) but he does it so very well. It also leads to much greater self awareness on the part of the students.

Robert Jackson, University of Iowa

From the Back Cover

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What Reviewers Are Saying:

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Allison Lyon:

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