



## Courage: Fighting Fear With Fear

*By Wayne A. Mack, Joshua Mack*

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From Genesis to Revelation, the Bible tells us to fear God, but our lives show where our true fears lie. Sinful, controlling fear cripples us spiritually: we're afraid to obey or trust God, and we worry more about what others think of us than what God thinks.

Throw off the covers and embrace the fear that is good for you—the fear of God that will give you true courage in every situation.

This book can be used for individual growth and development, for group study, or for homework assignments for those in counseling.

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## **Courage: Fighting Fear With Fear** By Wayne A. Mack, Joshua Mack Bibliography

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## Editorial Review

### Review

"As a biblical counselor, I love Wayne and Joshua Mack's *Courage: Fighting Fear with Fear*. I have used it over and over again with folks who struggle with fear. However, the folks I counsel are not the only ones who have benefitted from this book; as a person who can easily be overpowered by fear, I have been the first to benefit. I have been blessed as I have reminded myself repeatedly of the principles this book teaches. The Mack's work stands out among a number of good resources on the subject. I would encourage you to use it first to bless your own life and then use it to bless the lives of everyone you know who might experience the emotion of fear (wouldn't that be all of us?)."

—**Amy Baker, Counselor, Faith Biblical Counseling Ministries**

"Tragically, fear grips many, many Christians in their daily walk. I say 'tragically' because, while this reality of ongoing fear should not be such a debilitating part of any believer's life, it nevertheless continues to plague countless beleaguered souls. But what to do about it? The answer, of course, is to avail yourself of large doses of God's inerrant Word, out of which, crippling fear—whatever kind of fear it may be—can be victoriously overcome. And this is simply but marvelously what Wayne Mack's book, *Courage* attempts to do, Taking Holy Scripture and applying it to the fearful person's woes. If you are one of those professing Christians whose most significant struggle is fear, you've now found in this book a treasure trove of biblical teaching which can wonderfully liberate you from your fear factor."

—**Lance Quinn, Pastor of Grace Advance at Grace Community Church, Sun Valley, California**

"Dr. Mack and his son, Josh, have been dear friends and mentors to me for over twenty years now. They practice what they preach! They have both personally helped me fight my fears biblically, and they will do the same for you through this super book. Dive in!"

—**Tim Cantrell, Pastor-Teacher at Antioch Bible Church, Johannesburg, South Africa**

"*Courage* tops the list of books that I regularly recommend for discipleship and counseling. There are few books written that are as helpful a resource to nearly every counselee that walks through my door. Though the subject matter seems broad, it is presented in a biblically sound and comprehensive way that speaks into the lives of hurting people, teaching them to live in the fear of the Lord."

—**John Street, The Master's College & Seminary**

"Every one of us knows what it is like to be gripped by fear and doubt. Wayne and Josh Mack have served Christ's church well with their new book on how to develop biblical courage. You can always be sure of two things whenever the Macks write a book: it will be filled with helpful truth from Scripture and be extremely relevant to the challenges we are facing today. This book will be a helpful resource to study personally and to give to others in need."

—**Steve Viars, Faith Baptist Church, Lafayette IN**

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### About the Author

**Wayne Mack** lives in Pretoria, South Africa, where he serves as a pastor-elder with his son-in-law and teaches biblical counseling at Strengthening Ministries Training Institute to pastors and aspiring pastors in the region. He also spends about six weeks in the USA teaching at various churches. He and his wife, Carol, have four adult children and numerous grandchildren.

**Joshua Mack** (M.A. in biblical counseling, The Master's College; M.Div., The Master's Seminary; D.Min., The Southern Baptist Theological Seminary) is pastor-teacher of Living Hope Church in Pretoria, South Africa, and Executive Director of 1Hope Ministries International. He and his wife, Marda, have five daughters as well as two boys and one girl in permanent foster care. He is the co-author of *Courage* and *God's Solution to Life's Problems*. You can read more of Joshua Mack's writings at [joshnmarda.wordpress.com](http://joshnmarda.wordpress.com)

## **Users Review**

### **From reader reviews:**

#### **Carl Strum:**

In this 21st hundred years, people become competitive in each and every way. By being competitive at this point, people have do something to make these individuals survives, being in the middle of the particular crowded place and notice through surrounding. One thing that oftentimes many people have underestimated the idea for a while is reading. Yep, by reading a e-book your ability to survive increase then having chance to stand up than other is high. For you who want to start reading some sort of book, we give you this *Courage: Fighting Fear With Fear* book as basic and daily reading e-book. Why, because this book is greater than just a book.

#### **Phyllis Kelly:**

Reading a reserve tends to be new life style with this era globalization. With looking at you can get a lot of information that may give you benefit in your life. Along with book everyone in this world can certainly share their idea. Books can also inspire a lot of people. Lots of author can inspire all their reader with their story or even their experience. Not only the storyplot that share in the ebooks. But also they write about advantage about something that you need instance. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors on earth always try to improve their skill in writing, they also doing some research before they write for their book. One of them is this *Courage: Fighting Fear With Fear*.

#### **Edward Knudsen:**

*Courage: Fighting Fear With Fear* can be one of your beginning books that are good idea. Many of us recommend that straight away because this guide has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but nevertheless delivering the information. The writer giving his/her effort to put every word into joy arrangement in writing *Courage: Fighting Fear With Fear* nevertheless doesn't forget the main level, giving the reader the hottest and also based confirm resource data that maybe you can be considered one of it. This great information can certainly drawn you into brand-new stage of crucial considering.

#### **Michael Berry:**

The book untitled *Courage: Fighting Fear With Fear* contain a lot of information on that. The writer explains your ex idea with easy method. The language is very simple to implement all the people, so do not worry, you can easy to read that. The book was authored by famous author. The author will take you in the new

period of time of literary works. It is easy to read this book because you can continue reading your smart phone, or device, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can wide open their official web-site in addition to order it. Have a nice study.

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