



Love Soup: 160 All-New Vegetarian Recipes from the Author of the Vegetarian Epicure

By Anna Thomas

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Winner of the James Beard Foundation Book of the Year, Healthy Focus: delicious recipes for vegetarian soups from the author of “the most influential cookbooks in the history of modern vegetarian cuisine” (*Chicago Sun-Times*).

Anna Thomas’s *Vegetarian Epicure* cookbooks have sold millions of copies and inspired generations. Now she describes her love affair with the ultimate comfort food. “From my kitchen to yours,” Thomas says, “here are the best soups I’ve ever made.” Her wonderfully creative recipes make use of fresh, seasonal produce—try black bean and squash soup in the fall, smoky eggplant soup in midsummer, or seductively perfumed wild mushroom soup for Christmas. Silky puree or rib-sticking chowder—each recipe has room for variation, and nearly all are vegan-friendly.

Love Soup also provides recipes for breads, hummus, pesto, salads, and homey desserts—and simple menus that put soup at the heart of the meal. Throughout, Thomas offers expert advice on shopping, seasoning, tasting, becoming a cook. With soups that delight and nourish, Thomas invites us all into the kitchen, to the most old-fashioned food and the newest, to the joy and good sense of home cooking. line art

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Editorial Review

From Publishers Weekly

With its title and a kitschy illustrated bright cover with hand-drawn lettering, along with all vegetarian recipes, it's hard not to think the blandly healthy vibe of the 1970s, but Thomas (of the Vegetarian Epicure cookbooks) presents 160 new and enticing recipes that may just charm even a die-hard carnivore. Soups are organized by season and range from hearty selections like rustic leek and potato, and minestrone for a crowd, to lighter summer options including tomato and fennel soup with blood orange and sweet corn. A deconstructed hummus soup, along with pickle soup, make the collection anything but tired. Inspired by a temporary housing move that included a kitchen less than seven feet wide, the author knows what it takes to make a recipe manageable and doesn't skimp on advice when it comes to time- and space-saving tips like freezing, doubling and garnishing. Recipes for breads, dips and spreads, salads and a collection of desserts, as well as sample menus at the start of each chapter, make it easy to plan a full meal. (*Sept.*)
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Review

A volume on soup making is always welcome in any cookbook collection, but this one has the added advantage of addressing vegetarians. Thomas offers her own approaches to the making of the usual vegetable broths, contributing one with browned vegetables for extra flavor and one onion free for those with special needs. -- Mark Knoblauch

Anna Thomas is back with her most inspirational cookbook to date.

Thomas (of the Vegetarian Epicure cookbooks) presents 160 new and enticing recipes that may just charm even a die-hard carnivore.

Anna Thomas is a visionary, pure and simple. She opened our eyes and enlightened our palates and a new world of garden-based eating began to unfold for a generation and beyond. In her latest book, Love Soup, Anna is as present as ever--consistent in her passion, skill, and pure delight. This book makes me want to run to my kitchen and get lost in her soups. --Mollie Katzen, author of "The Moosewood Cookbook"

Anna Thomas is back with her most... inspirational cookbook to date. "

This book will inspire me to make even better soups by just thumbing through the pages and savouring what it has to share. "

Love Soup is a must companion for everyone with a vegetable garden, or a kitchen (this means everybody). -
-Margaret Roach"

This book hasn't left my hands in the last 48 hours.... It's better than I had ever hoped for. --Amy Karol"

Is anything better than soup?... You'll be delighted and inspired by Thomas's collection of 160 recipes.... Each one a bowl of shining good health. --Weight Watchers.com"

Every page is a new original soup that I want to try. This is a fantastic book... a great resource. "

About the Author

Anna Thomas wrote The Vegetarian Epicure in 1973, which transformed the landscape of American

cooking. She is the author, most recently, of the James Beard Award–winning cookbook Love Soup. She lives in Los Angeles and Ojai, California.

Users Review

From reader reviews:

Jodi Harper:

This Love Soup: 160 All-New Vegetarian Recipes from the Author of the Vegetarian Epicure book is not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book is definitely information inside this e-book incredible fresh, you will get info which is getting deeper an individual read a lot of information you will get. This Love Soup: 160 All-New Vegetarian Recipes from the Author of the Vegetarian Epicure without we know teach the one who looking at it become critical in thinking and analyzing. Don't end up being worry Love Soup: 160 All-New Vegetarian Recipes from the Author of the Vegetarian Epicure can bring whenever you are and not make your carrier space or bookshelves' become full because you can have it with your lovely laptop even cellphone. This Love Soup: 160 All-New Vegetarian Recipes from the Author of the Vegetarian Epicure having excellent arrangement in word in addition to layout, so you will not truly feel uninterested in reading.

Martina White:

As people who live in the particular modest era should be change about what going on or info even knowledge to make these individuals keep up with the era that is certainly always change and advance. Some of you maybe will update themselves by examining books. It is a good choice for yourself but the problems coming to a person is you don't know what type you should start with. This Love Soup: 160 All-New Vegetarian Recipes from the Author of the Vegetarian Epicure is our recommendation to help you keep up with the world. Why, since this book serves what you want and want in this era.

Edward Franco:

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Jennifer Powell:

Reading a publication tends to be new life style with this era globalization. With examining you can get a lot of information that could give you benefit in your life. Using book everyone in this world can easily share their idea. Publications can also inspire a lot of people. A great deal of author can inspire their own reader with their story or perhaps their experience. Not only the story that share in the publications. But also they

write about the information about something that you need example. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that exist now. The authors on earth always try to improve their skill in writing, they also doing some analysis before they write for their book. One of them is this Love Soup: 160 All-New Vegetarian Recipes from the Author of the Vegetarian Epicure.

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