



# Diamond Heart: Book Five: Inexhaustible Mystery

By A. H. Almaas

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## Diamond Heart: Book Five: Inexhaustible Mystery By A. H. Almaas

From one perspective, we can see ourselves merely as human beings struggling in a crowded and chaotic world of suffering. This book opens our eyes to a different reality, one that turns our familiar world inside out. We need only explore—with curiosity and love—our true potential as human beings in order to discover infinite depth and creativity in our lives as we act and interact in the world. When time and space expand their meaning, we come to know ourselves as having infinite dimensions of being and qualities of spirit, and uncover new mysteries about ourselves, one another, and the reality we live in.

This is the last of the five-volume Diamond Heart series of transcribed and edited talks given by A. H. Almaas to inner-work groups in California and Colorado.

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### Review

"We can think of no more significant voice in the transpersonal field than A. H. Almaas. His work is a seamless integration of cutting edge psychology and profound spirituality that addresses the concerns and hopes of contemporary people."—Don Richard Riso and Russ Hudson, authors of *Personality Types*

"The work of A. H. Almaas places him among the greatest psychologists alive today."—Jack Kornfield

### About the Author

A. H. Almaas is the pen name of Hameed Ali, the Kuwaiti-born originator of the Diamond Approach, who has been guiding individuals and groups in Colorado, California, and Europe since 1976. He is the author of *Spacecrusier Inquiry*, *The Pearl Beyond Price*, *Facets of Unity*, and other books.

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