



# Everything You Always Wanted to Know About Sex: But Were Afraid to Ask

By David R. Reuben M.D.



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You weren't afraid to ask for it-and now it's back, in an updated edition with more than 95% new material!

With more 30 million copies in print in over fifty countries, this #1 bestselling classic is the most popular book on human sexuality of all time-and with good reason. Dr. David Reuben's frank, compassionate, often humorous language-backed with solid, up-to-the-minute medical and scientific research-puts readers at ease, allowing them to explore and improve their own sexuality in amazing new ways. In this extraordinary new edition, presented in an accessible Q&A format and revised to include today's hottest topics, Dr. Reuben sheds astounding new light on:

- \* **Sexual intercourse**, masturbation and other sexual acts
- \* **Impotence, frigidity, and other sexual dysfunctions** - their various causes and how they're treated
- \* **Birth control** - all the forms on the market and how well they work
- \* **Sexually transmitted diseases** - what they are and how to avoid them
- \* **Menopause** - hot flashes, hormones, and how to thrive during this change of life
- \* **"September sex"** - why we need it more as we age and how to enjoy sex despite certain physical constraints
- \* **Alternative lifestyles, infidelity, plastic surgery** for the genitalia, and much more

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About the Author

**Dr. David Reuben**, a physician and surgeon with a specialty in psychiatry, graduated from the University of Illinois College of Medicine. He is the author of several bestselling books about sex, health, and nutrition, including *Any Woman Can!*, *How to Get More Out of Sex*, and *The Save-Your-Life Diet*, as well as hundreds of magazine articles.

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