



# Practical Public Health Nutrition

By Roger Hughes

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## Practical Public Health Nutrition By Roger Hughes

Providing the reader with a practice-focussed approach to public health nutrition intervention management, Practical Public Health Nutrition is a crucial resource for dietitians, community and public health nutritionists and related health professionals in need of a practical guide to practicing public health nutrition.

Internationally recognised experts Hughes and Margetts describe in detail the rationale, processes and tools that can be used to assess population needs, analyse problems and develop effective interventions at a community level.

Exercises in each section of the book contribute to a collective PHN intervention plan, providing the reader with the opportunity to demonstrate an outcome of intervention management.

Unique in its approach to teaching the practical applications of this increasingly crucial discipline, Practical Public Health Nutrition is a vital purchase for anyone working in the public health arena.

- Clearly outlines the practice of PHN intervention management
- Covers rationale, processes and tools needed to develop effective interventions at community level
- Written by 2 internationally respected authorities on the discipline of Public Health Nutrition
- Essential text for dietitians, community and public health nutritionists and related health professionals

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## **Practical Public Health Nutrition** By Roger Hughes **Bibliography**

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### Editorial Review

#### Review

"This book by Roger Hughes and Barrie Margetts is a valuable tool for those working in PHN as it not only summarises the steps that are necessary for successful intervention but it also provides a number of practical examples that will help understand each step of an intervention. It will also be of benefit to students as a key textbook, providing them with basic skills/knowledge in the area of PHN practice." (Journal Nutrition Bulletin, 1 September 2011)

#### From the Back Cover

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#### About the Author

Professor Roger Hughes is based at Griffith University, Gold Coast Campus, Australia.

Professor Barrie Margetts is based at the University of Southampton, UK.

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