



## The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body

By Walt Larimore MD

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Everything a boy should know, but won't ask—from a Christian perspective!

Finally, everything you wanted to know about your body, but you've just been too chicken to ask. *Ultimate Guys' Body Book* is the first book for boys that gives honest answers to real questions about your body from a biblical perspective. No, you're not falling apart—you're just growing up! But there's no need to fear, when God is near. He's your personal guide to understanding your body.

With information about everything from steroid use to body parts, there's not a question we won't answer. These aren't questions some adult made up, but they're real questions asked by real boys just like you. You want to know the truth? Now you can, because *Ultimate Guys' Body Book* gives you the facts—no holds barred!

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### **Editorial Review**

#### Review

'A useful guide for readers wanting a Christian look at boys' physical and sexual development.' - Kirkus Reviews (*Kirkus Reviews*)

#### Review

Have you had...."the talk" with your son yet? Dr. Walt Larimore did a great job inserting humor into an otherwise "difficult" conversation parents tend to have with their growing boys. What a great Christian resource for parents when the time comes to explain things! Gary Smalley Author/ Speaker *Guarding Your Child's Heart* -- Dr. Gary Smalley, Author and Speaker

Dr. Walt Larimore is the perfect person to answer these questions for guys. Some boys don't read many books but I guarantee the guys in your life will pick this one up and read it cover to cover. Great advice about their bodies and their life. Jim Burns PhD President, HomeWord Author of *Teenology: The Art of Raising Great Teenagers and Teaching Your Children Healthy Sexuality* -- Jim Burns, Ph.D., President

Okay, where was this book when my boys were young? This book is so much more than its title. In addition to being a one-of-a-kind resource of valuable information, it helps boys see how practical God's word is for the real issues of life and it provides a unique opportunity for strengthening the father/son relationship during a critical period of life. It's realistic, practical, humorous and answers the most delicate and difficult questions in ways that are honest and make sense. This book is an investment and I promise you that it is a book you and your son will read again and again. Gary J. Oliver, Th.M., Ph.D. Professor of Psychology and Practical Theology John Brown University -- Gary J. Oliver, Executive Director

I wish *The Ultimate Guy's Body Book* was available when I was growing up. I wish I could have given it to my sons. But now, I will be sure my grandsons gain from its wisdom. Gene Rudd Senior Vice President Christian Medical and Dental Associations -- Gene Rudd, Vice President

When Dr. Walt Larimore writes a book, it is wise to read and apply. *The Ultimate Guy's Body Book* is his best one yet! Pat Williams Orlando Magic Senior Vice President and author of *Leadership Excellence* -- Pat Williams, Senior Vice President

#### About the Author

Walt Larimore, MD, has been called "one of the best known family physicians in America" and has been listed in the *Best Doctors in America*, *The Guide to America's Top Family Doctors*, and *Who's Who in Medicine and Healthcare*, *Who's Who in America*, and the *International Health Professionals of the Year*. He is also a best-selling author who has written, co-written, or edited thirty books. His writing has been recognized with a number of national awards, including a *Christianity Today Book of the Year* award, a *Retailers Choice book award*, three *Silver Medallion Book Awards*, three *Gold Medallion Book Award* nominations, and three *Christy Award* nominations. He and his wife, Barb, have two grown children, two grandchildren, and live in Colorado Springs area with their tabby, Jack. His website is [www.DrWalt.com](http://www.DrWalt.com) and his Morning Glory, Evening Grace devotions can be found at [www.Devotional.DrWalt.com](http://www.Devotional.DrWalt.com).

## **Users Review**

### **From reader reviews:**

#### **Manuel Thomas:**

The book with title The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body includes a lot of information that you can discover it. You can get a lot of benefit after read this book. This book exist new information the information that exist in this guide represented the condition of the world now. That is important to yo7u to find out how the improvement of the world. That book will bring you within new era of the syndication. You can read the e-book on your smart phone, so you can read the idea anywhere you want.

#### **Gary Lewis:**

Are you kind of active person, only have 10 as well as 15 minute in your day time to upgrading your mind skill or thinking skill actually analytical thinking? Then you have problem with the book in comparison with can satisfy your short time to read it because pretty much everything time you only find publication that need more time to be learn. The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body can be your answer because it can be read by an individual who have those short free time problems.

#### **William Leone:**

You can spend your free time to study this book this guide. This The Ultimate Guys' Body Book: Not-So-Stupid Questions About Your Body is simple to develop you can read it in the area, in the beach, train along with soon. If you did not have much space to bring the actual printed book, you can buy often the e-book. It is make you much easier to read it. You can save the book in your smart phone. Therefore there are a lot of benefits that you will get when one buys this book.

#### **Sean Ward:**

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