



Yogini: Unfolding the Goddess Within

By Shambhavi L. Chopra



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Yogini: Unfolding the Goddess Within is a unique record of personal experiences that portray in its various fascinating episode the secrets of the magical world of Tantra. It shows how the gods and goddesses can manifest themselves within our daily lives, taking us from the mundane to the sublime and making our days and nights a dance of wonder and delight.

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Editorial Review

About the Author

Shambhavi Chopra is a mystic Yogini, spiritual guide and preceptor rooted in the ancient teachings and traditions of Bhakti Yoga, Tantric Shakti worship of the Mother Goddess, Jyotish (Vedic Astrology), healing Ayurveda and Mantra Yoga. Yogini Shambhavi is one of the most important and dynamic women mystic teachers of the deeper aspects of Yoga coming out of India today. She is noted for her clear, direct and uncompromising expression as well as her power of Bhakti 'devotion' and her ability to inspire seekers from every fold of life. She unfolds the bliss of well-being through yogic practices, rituals, and meditation drawing one to the deeper "Yogic Reality", awakening the universal Shakti power within us. As co-director of the American Institute of Vedic Studies, Santa Fe NM, along with Pandit Vamadeva Shastri (Dr. David Frawley), Yogini Shambhavi offers consultations in Vedic Astrology, Shakta teachings, personal empowerments, training programs and workshops in North and South America, Europe, UK and India. She conducts teachings and programs at the Omega Institute for Holistic Studies, the Chopra Center for Well-being, the Council of Vedic Astrology (CVA), American College of Vedic Astrology (ACVA), British Association of Vedic Astrology (BAVA), National Ayurvedic Medical Association (NAMA), Kripalu, Yogaville, Sivananda Ashram centers, Swami Rama Sadhaka gram, Gayatri Pariwar Haridwar, Sudha Dharma Mandala Brazil, Parmarth Niketan, Yoga festivals in Rishikesh, Berlin and Canada, Brazil Yoga for Peace and is on the advisory board for the Ananda Spa, the California College of Ayurveda and Tathaastu Magazine. Yogini Shambhavi is able to impart special tools of inner transformation that can change the lives of even ordinary people. Her clear teachings and magnetic personality have already touched the hearts of many people worldwide, helping to awaken the Yoga Shakti within them. For all those seeking to learn the secrets of deeper Tantric Yoga and how to connect to the Goddess within their own hearts, Shambhavi's work is transformational. She brings to life the inner power of Shakti and the highest forms of the Goddess like Durga, Kali and Sundari. She initiates special sadhaks into the tradition of the Dasha Mahavidya or 'Ten Great Wisdom Forms of the Goddess' in all their aspects and manifestations with clarity, grace and compassion. Vamadeva Shastri and Yogini Shambhavi host special yearly sacred retreats for spiritual aspirants and Yoga and Ayurveda practitioners.

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