



Anabolic Steroids

By Patrick Lenehan

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Anabolic steroids have traditionally been controversial in the sporting arena. Today, research indicates a dramatic increase in the use of anabolic steroids and other performance-enhancing drugs outside of competitive sports. With evidence of widespread steroid abuse among the general population, health professionals are citing the emergence of an epidemic.

Anabolic Steroids and Other Performance-Enhancing Drugs brings together key issues surrounding these contentious drugs. The book outlines the history and social context of these compounds, including details on their development, prevalence, and implications for society. It provides a review of their physiological and psychological side effects, as well as discussions of other performance-enhancing substances based on the banned drug list of the International Olympic Committee. The text also describes how anabolic steroids are used, considers problems with counterfeit drugs, and includes profiles of the most commonly used steroids and supplements.

This timely book presents a clear description of anabolic steroid use and abuse both in sports and within the general population. It is a reliable source of information for professionals and students in the fields of sport science, pharmacology, pharmacy, and related health sciences.

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Editorial Review

Review

The text recommended not only to the medical professions, but also to teachers and trainers in the education system.

-Pediatric Endocrinology Reviews

About the Author

Patrick Lenehan, Director of the Drugs and Sport Information Service, UK, has been involved in research and service provision for non-competitive users of anabolic steroids and other performance-enhancing drugs for the past 15 years. He has presented papers on the subject at national and international conferences and has been invited to a number of international expert committees.

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