



Dark Light Consciousness: Melanin, Serpent Power, and the Luminous Matrix of Reality

By Edward Bruce Bynum Ph.D.

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How to awaken the Ureaus--the serpent power of spiritual transcendence within each of us--and connect to the superconscious of the universe

- Reveals the biochemistry of how the body's melanin provides the template for the subtle energy body or light body
- Shows how embracing the dark light consciousness of the awakened Ureaus opens a portal to the sacred darkness of the superconscious
- Provides illustrated instructions for meditation practices, breathing exercises, and yoga postures to safely awaken Ureaus/Kundalini energy

Within each of us lies the potential to activate a personal connection to the superconscious. Called "Ureaus" in ancient Egyptian texts and "Kundalini" in ancient Hindu yoga traditions, our innate serpent power of spiritual transcendence inhabits the base of the spine in its dormant state. When awakened, it unfurls along the spinal column to the brain, connecting individual consciousness to the consciousness of the universe enfolded within the dark matter of space. At the root of creativity and spiritual genius across innumerable cultures and civilizations, this intelligent force reveals portals that enfold time, space, and the luminous matrix of reality itself.

Combining physics, neuroscience, and biochemistry with ancient traditions from Africa and India, Edward Bruce Bynum, Ph.D., explores the ancient Egyptian science of the Ureaus and reveals how it is intimately connected to dark matter and to melanin, a light-sensitive, energy-conducting substance found in the brain, nervous system, and organs of all higher life-forms. He explains how the dark light of melanin serves as the biochemical infrastructure for the subtle energy body, just as dark matter, together with gravity, holds the galaxies and constellations together. With illustrated instructions, he shows how to safely awaken and stabilize the spiritual energy of the Ureaus through meditation practices, breathing exercises, and yoga postures as well as how to prepare the subtle body for transdimensional soul travel.

By embracing the dark light of the shining serpent within, we overcome our

collective fear of the vast living darkness without. By embracing the dark, we transcend reality to the dimension of light.

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Editorial Review

Review

“Edward Bynum has written a complex guide that brings together ancient and modern sciences, ethics, biology, spiritual teachings, and subtle physiology and provides specific energy and meditation practices to activate and explain the awakening of kundalini energy and its highest functioning in an individual. He has introduced ancient tantric understanding of subtle body energies rarely available to the public, along with practices that allow one to discover their existence for themselves. This book will be highly useful for personal growth and offers a foundation for new research and experimentation that can bring science and the realization of consciousness together. A true alchemy of the body and the spirit.” (*Bonnie Greenwell, Ph.D., founder of Shanti River Center in Ashland, Oregon, and author of Energies o*)

“Dr. Bynum provides advice--with helpful illustrations too--on meditation, breathing and yoga practices to prepare for soul projection and help effect the connection with the superconscious.” (*Nexus Magazine, October 2012*)

“In this fascinating book, Edward Bynum throws down a gauntlet to science that may very well result in the most revolutionary research ever done on consciousness. His groundbreaking ideas challenge not just what we know about enlightenment but the very nature of light itself and--more importantly for each and every one of us--our journey toward it.” (*Teri Degler, author of The Divine Feminine Fire and The Fiery Muse*)

“Edward Bruce Bynum remains the preeminent and most prolific behavioral health scientist who can raise our higher state of consciousness by linking modern concepts of melanin, contemporary views on meditation, and ancient mysticism.” (*T. Owens Moore, Ph.D., professor of psychology at Fayetteville State University and author of The Sc*)

From the Back Cover

METAPHYSICS / WESTERN MYSTERY TRADITIONS

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--Teri Degler, author of *The Divine Feminine Fire* and *The Fiery Muse*

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EDWARD BRUCE BYNUM, Ph.D., A.B.P.P., is a clinical psychologist and the director of behavioral medicine at the University of Massachusetts Health Services in Amherst. A student of Swami Chandrasekharanand Saraswati and a winner of the Abraham H. Maslow award from the American Psychological Association, he is the author of several books, including *The African Unconscious*. He lives in Pelham, Massachusetts.

About the Author

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