



Emmanuel's Book: A Manual for Living Comfortably in the Cosmos

By Pat Rodegast, Judith Stanton

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Here is the revealing underground classic, a work that stands beside the "Seth" books as a delightful and invaluable guide to our inner spirit and our outer world. Emmanuel speaks to us through Pat Rodegast and shares his wisdom and insights on all aspects of life. Beautifully written and illustrated, *Emmanuel's Book I* is to be treasured, enjoyed and passed on to a friend. Emmanuel says: "The gifts I wish to give you are my deepest love, the safety of truth, the wisdom of the universe and the reality of God The issue of whether there is a Greater Reality or not, for me at least, has been settled. I know that there is. So I will speak to you from the knowing that I possess."

Ram Dass, in the introduction, says: "Being with Emmanuel one comes to appreciate the vast evolutionary context in which our lives are being lived And at each moment we are at just the right place in the journey. As Emmanuel points out, 'Who you are is a necessary step to being who you will be.'"

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Editorial Review

From the Publisher

"Here is the revealing underground classic, a work that stands beside the "Seth" books as a delightful and invaluable guide to our inner spirit and our outer world. Emmanuel speaks to us through Pat Rodegast and shares his wisdom and insights on all aspects of life. Beautifully written and illustrated, *Emmanuel's Book I* is to be treasured, enjoyed and passed on to a friend. Emmanuel says: "The gifts I wish to give you are my deepest love, the safety of truth, the wisdom of the universe and the reality of God . . . The issue of whether there is a Greater Reality or not, for me at least, has been settled. I know that there is. So I will speak to you from the knowing that I possess."

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From the Inside Flap

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About the Author

Judith Stanton grew up on a farm in North Carolina. During a successful career as a university professor, she taught writing and feminist theory and also traveled widely in England researching eighteenth-century romance writers. She and her husband live in the country and have two horse and a dozen rescued cats.

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