



Nutrition and the Kidney

By William E. Mitch

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This text, now in its second edition, details the critical relationship between nutrition and adult kidney function and dysfunction. Addressing patients with renal disease, on dialysis, or after transplantation, "Nutrition and the Kidney" compares the nutritional requirements of patients with kidney disease to those of healthy subjects. Each chapter discusses relevant aspects of nutrition and their effects on renal failure, pathophysiology and therapeutic approaches. This edition features new chapters on the evaluation of nutritional status, trace elements in uraemia and lipid abnormalities in uraemia. Tables summarizing important information and menu and food exchange lists for patients with renal disease supplement the text.

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