



Puberty Book

By Wendy Darvill

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In straightforward yet humorous language, Wendy Darvill and Kelsey Powell discuss the changes that happen at puberty. This book is a guide for children and teenagers, full of up-to-date information about themselves, their bodies and growing up. In simple, straightforward language, it discusses the changes that happen at puberty, sex and sexuality, health and looking after yourself, relationships, pregnancy and birth. The authors recognise the primary role of parents and carers in the sexual education of their children, but this book is written for children rather than parents. It is illustrated throughout with witty and informative cartoons, and all of the questions that are used are based on the kinds of questions that children and teenagers everywhere ask all the time.

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Editorial Review

About the Author

Wendy Darvill and Kelsey Powell have been actively involved in sex education in primary and secondary schools and with community organisations for many years. They live in Australia.

Users Review

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Donald Tuel:

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