



Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds [Revised and Updated Edition]

By Ph.D., Rex Forehand, Ph.D., Nicholas Long

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Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds [Revised and Updated Edition] By Ph.D., Rex Forehand, Ph.D., Nicholas Long

The bestselling five-week program to improving the disruptive child's behavior--now updated and revised

Based on more than 40 years of collective research, parents and longtime child behavior experts Dr. Rex Forehand and Dr. Nicholas Long have devised a program to help you find positive and manageable solutions to your child's difficult behavior. Now in a revised and updated edition, *Parenting the Strong-Willed Child* is a self-guided program for managing disruptive young children based on a clinical treatment program.

This hands-on guide provides you with a step-by-step, five-week program toward improving your child's behavior as well as the entire family's relationship. Providing you with the necessary tools for successfully managing the difficult child, the book covers specific factors that cause or contribute to a child's disruptive behavior; ways to develop a more positive atmosphere in your family and home; actual reports by parents of difficult children; strategies for managing specific behavior problems; how to tell if your child might have ADHD; and more.

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Editorial Review

Review

"This hands-on self help guide provides you with a step-by-step five-week program toward improving your child's behavior as well as the entire family's relationship." ---The Guide to Self Help Books

From the Back Cover

The Bestselling Parenting Guide Now Revised and Updated

Rex Forehand, Ph.D., and Nicholas Long, Ph.D., offer more than forty years of collective research in this informative yet easy-to-read manual, giving parents a step-by-step guide to improving their child's behavior as well as their entire family's relationship.

Parenting the Strong-Willed Child is the first self-guided program for managing disruptive young children that is based on a clinical treatment program. In this book Drs. Forehand and Long provide you with the necessary tools for successfully managing your child's behavior.

You will be able to:

- Uncover the specific factors that cause or contribute to your child's disruptive behavior
- Follow a clinically proven five-week program for dealing with behavior problems associated with being strong-willed
- Develop a more positive atmosphere in the family and the home
- Identify with real-life parent testimonials and discover strategies for managing specific behavior problems

This updated and expanded edition includes sections on ADHD and peer issues, as well as an appendix listing helpful Internet sites. With *Parenting the Strong-Willed Child*, you will be able to fully understand your child's behavior and learn effective parenting skills that will help your child, your family, and yourself.

About the Author

Rex Forehand, Ph.D., is a research professor of clinical child psychology and director for the Institute for Behavior Research at the University of Georgia.

Nicholas Long, Ph.D., is associate professor of pediatrics and director of pediatric psychology at the University of Arkansas for Medical Sciences and Arkansas Children's Hospital.

Users Review

From reader reviews:

Frank Bullard:

Reading a e-book tends to be new life style within this era globalization. With studying you can get a lot of

information that can give you benefit in your life. With book everyone in this world can share their idea. Textbooks can also inspire a lot of people. Plenty of author can inspire their reader with their story or perhaps their experience. Not only situation that share in the guides. But also they write about the information about something that you need case in point. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors these days always try to improve their expertise in writing, they also doing some analysis before they write for their book. One of them is this Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds [Revised and Updated Edition].

Daniel Bryant:

The actual book Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds [Revised and Updated Edition] has a lot of knowledge on it. So when you check out this book you can get a lot of profit. The book was published by the very famous author. Mcdougal makes some research ahead of write this book. This particular book very easy to read you can obtain the point easily after scanning this book.

Randy Champion:

Reading can called thoughts hangout, why? Because when you are reading a book especially book entitled Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds [Revised and Updated Edition] your mind will drift away trough every dimension, wandering in most aspect that maybe mysterious for but surely can be your mind friends. Imaging each and every word written in a e-book then become one application form conclusion and explanation that maybe you never get previous to. The Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds [Revised and Updated Edition] giving you one more experience more than blown away your brain but also giving you useful info for your better life in this particular era. So now let us demonstrate the relaxing pattern is your body and mind is going to be pleased when you are finished looking at it, like winning a casino game. Do you want to try this extraordinary wasting spare time activity?

Lorene Williamson:

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